

# Finntriathlon Tahko

## Puolimatka Category Results

### Male Yleinen

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
1	19	Tuukka Miettinen	Koiviston Isku	03:58:40	00:26:50	00:01:42	02:11:56	00:01:12	01:16:57
2	6	Jarmo Hast	Joroisten Sporttiklubi	04:00:29	00:23:10	00:01:53	02:17:24	00:01:18	01:16:42
3	22	Jarmo Rissanen	KUTU Triathlon	04:07:03	00:31:10	00:02:05	02:11:39	00:01:00	01:21:07
4	27	Timur Srurdinov	Pikalevo	04:11:54	00:24:29	00:01:58	02:25:58	00:01:17	01:18:10
5	13	Georgii Kaurov	St Petersburg	04:23:20	00:23:01	00:01:41	02:26:25	00:01:35	01:30:36
6	28	Kai Söderdahl	Aqua Plus Triathlon	04:24:33	00:27:46	00:01:56	02:26:16	00:01:16	01:27:18
7	20	Jani Puhakka	X-tri Lahti	04:45:09	00:24:26	00:02:10	02:29:18	00:01:50	01:47:23
8	9	Matti Heiskanen	Sport toops Oy	05:06:25	00:29:33	00:02:27	02:41:21	00:01:39	01:51:24
9	7	Kuutti Heikkilä	Helsinki	05:09:25	00:40:25	00:03:43	02:44:50	00:01:57	01:38:28
10	12	Mikael Jämsänen	#elämäntaidotkouluun	05:20:47	00:39:08	00:03:04	02:47:16	00:01:51	01:49:27
11	17	Petter Lingonblad	OK Perintä Oy	05:32:03	00:34:00	00:04:28	03:01:19	00:03:43	01:48:31
12	4	Niklas Ahti	BallaDaLi	05:35:26	00:39:58	00:03:58	02:51:21	00:02:32	01:57:35
13	16	Lasse Lehtinen	Meron Kukot	05:39:29	00:41:06	00:05:35	03:03:35	00:02:11	01:47:01
14	23	Tedy Saluts kij	Espoo	06:05:29	00:44:02	00:04:32	03:09:40	00:03:01	02:04:12
15	15	Juuso Lakela	BallaDaLi	06:16:14	00:40:19	00:04:28	03:18:11	00:04:51	02:08:23
16	14	Sami Kuusela	VAHVAA VETOA	06:16:43	00:45:52	00:05:41	03:10:45	00:05:06	02:09:17
17	10	Hellman Johannes	Hellsinki	06:31:32	00:41:56	00:06:43	03:19:43	00:04:34	02:18:34
18	18	Niko Miettinen	Helsinki	06:48:19	00:40:41	00:05:13	03:22:07	00:05:11	02:35:05
19	8	Joonatan Heinonen	Team MYÖH	06:50:38	00:45:01	00:10:54	03:37:26	00:03:55	02:13:21
20	5	Juha Airaksinen	Helsinki	06:58:24	00:38:42	00:07:42	03:28:05	00:03:23	02:40:29

### Female Yleinen

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
1	35	Mira Leskinen	Head Ambassadors	04:49:12	00:26:21	00:02:24	02:38:01	00:01:23	01:41:01
2	31	Anni Antikainen	Tampereen Juoksijat	04:57:11	00:28:45	00:02:00	02:45:12	00:01:26	01:39:45
3	36	Jenni Mattila	TCC	05:01:44	00:35:20	00:02:19	02:50:27	00:01:36	01:32:01
4	33	Kirsti Ilomäki	Team Groteski	05:15:23	00:36:33	00:03:27	03:02:21	00:02:19	01:30:41
5	34	Heljä Korhonen	HyPy	05:19:46	00:31:36	00:03:57	02:37:41	00:01:52	02:04:38
6	37	Jasmin Pienimäki	Triathlonteam 226	05:23:38	00:28:56	00:02:18	02:53:52	00:01:37	01:56:54
7	38	Emmi Sajalin	Training First Triathlon	05:57:37	00:36:41	00:04:39	03:05:08	00:03:05	02:08:03
8	32	Ilona Hyvärinen	Espoo	06:00:56	00:29:17	00:06:39	03:23:30	00:03:30	01:57:57
9	30	Sari Ahola	Helsinki	06:37:30	00:47:15	00:05:04	03:11:03	00:02:55	02:31:11

### Male 20-24

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
1	49	Juha-Matti Vanhala	Oulu	04:36:36	00:30:45	00:02:19	02:28:34	00:01:07	01:33:49
2	39	Ossi Hakulinen	Runner's High	04:37:39	00:30:57	00:02:11	02:26:35	00:01:50	01:36:05
3	45	Simo-Viljami Ojanen	Electrofit	04:58:34	00:36:40	00:02:29	02:30:38	00:01:47	01:46:58
4	42	Benjamin Lehti	Liikutaan hyvää	04:58:48	00:33:02	00:03:20	02:39:47	00:01:48	01:40:49
5	41	Mitja Kylliäinen	Training First Triathlon	05:04:32	00:35:37	00:01:43	02:36:53	00:01:16	01:49:01
6	47	Aapo Saranpää	Functio Laesa	05:06:05			02:48:33	00:01:56	01:45:40
7	43	Antti Myllykoski	Helsinki	05:17:55	00:36:57	00:04:49	02:47:53	00:02:42	01:45:32
8	50	Mikko Vanhala	Oulu	05:42:05	00:41:04	00:02:29	02:45:59	00:01:38	02:10:53
9	40	Pyy Huhtanen	Espoo	05:44:02	00:45:21	00:03:19	03:06:08	00:02:33	01:46:39
10	46	Aarne Puisto	Jyväskylä	05:50:58	00:45:27	00:04:04	02:56:39	00:02:44	02:02:02
11	48	Toni Vahevaara	Vaasa	06:19:58	00:37:33	00:05:03	03:15:40	00:05:32	02:16:07

# Finntriathlon Tahko

## Puolimatka Category Results

### Male 20-24

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
-----	----	------	------	------	------	----	-------	----	-----

### Male 25-29

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
1	72	Martti Roponen	TT226	04:48:45	00:35:34	00:02:33	02:37:44	00:01:41	01:31:10
2	61	Ari-Pekka Lassila	Vetelin Urheilijat	04:48:49	00:33:47	00:04:35	02:45:45	00:02:01	01:22:39
3	62	Robson Lindberg	Head Ambassadors	04:49:42	00:29:17	00:02:56	02:37:44	00:01:31	01:38:13
4	54	Mikko "Pönö" Heiskanen	Team Finntriathlon	04:54:28	00:34:01	00:02:54	02:32:20	00:02:08	01:43:03
5	59	Raul Korolainen	Iisalmen Visa	04:55:35	00:37:08	00:02:15	02:36:28	00:01:21	01:38:21
6	78	Lasse Vuori	Triathlon Club Heinola	05:08:02	00:31:41	00:02:27	02:28:41	00:01:34	02:03:38
7	57	Antti Knuutila	Tampere	05:16:34	00:40:14	00:04:42	02:38:30	00:04:34	01:48:32
8	70	Jesse Puhakka	Helsinki	05:20:52	00:33:18	00:04:47	02:49:00	00:03:07	01:50:38
9	55	Akseli Hepo-oja	Hiekkaharju	05:28:01	00:37:59	00:03:37	03:03:32	00:01:48	01:41:04
10	56	Jonne Jauhainen	Vantaa	05:29:28			02:45:05	00:02:10	02:07:37
11	76	Mika Valkonen	Leanware	05:35:17	00:40:32	00:07:35	03:00:49	00:03:38	01:42:41
12	63	Jani Lindholm	Espoo	05:36:49	00:38:38	00:04:00	02:54:38	00:02:40	01:56:51
13	58	Antti Koivisto	Head Ambassadors	05:37:10	00:31:37	00:03:49	02:57:46	00:02:01	02:01:55
14	67	Tuomo Nyssönen	Tampere	05:37:11	00:35:22	00:05:38	02:59:26	00:04:03	01:52:42
15	52	Tuomas Harju	Helsinki	05:43:54	00:35:20	00:04:17	03:00:29	00:02:31	02:01:16
16	66	Joni Niemi	Valtia	05:47:03	00:44:26	00:03:15	02:56:41	00:02:18	02:00:21
17	60	Lasse Korpi	Pihlajalinna/Tampere	05:47:45	00:42:32	00:06:22	03:09:08	00:02:08	01:47:34
18	51	Joonas Asukas	Helsinki	05:49:57	00:42:06	00:04:26	02:56:13	00:01:54	02:05:16
19	64	Jesse Luoma	Tampere	05:54:54	00:38:06	00:05:11	03:03:43	00:02:27	02:05:26
20	77	Emil Viitala	Helsinki	06:01:45	00:38:57	00:07:06	03:02:17	00:04:54	02:08:30
21	73	Henry Salo	Helsinki	06:03:01	00:36:33	00:04:23	03:13:49	00:02:52	02:05:22
22	74	Ville Sirkiä	Awesome Brinner	06:05:40	00:46:03	00:04:22	03:03:10	00:02:41	02:09:23
23	71	Juhana Repo	Triathlon team GPK / Lap	06:20:36	00:39:54	00:04:18	03:04:38	00:03:25	02:28:19
24	65	Juha Marjala	Hyrnsalmi	06:20:43	00:33:18	00:04:34	03:10:50	00:02:51	02:29:09
25	75	Dmitrij Talasmäki	Tampere	06:50:36	00:34:11	00:05:23	03:35:20	00:03:35	02:32:05
26	68	Ville Ojala	Kemi	06:59:32	00:44:48	00:07:52	03:34:11	00:08:02	02:24:38

### Female 25-29

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
1	340	Sanna Maasilta	Helsinki	05:07:22	00:29:23	00:04:03	02:44:47	00:01:38	01:47:29
2	337	Saara Grönholm	Fressi/Kuopio	05:12:49	00:33:15	00:04:10	02:47:45	00:02:27	01:45:10
3	345	Anni Simola	Head Ambassadors	05:21:45	00:35:58	00:02:31	02:53:25	00:01:57	01:47:52
4	346	Kaija Sivonen	HelTri	05:37:43	00:40:35	00:04:21	03:02:20	00:01:37	01:48:49
5	347	Mari-Anna Tikkanen	Triathlonteam 226	05:38:04	00:44:27	00:02:25	02:56:45	00:01:43	01:52:41
6	341	Pilvi Mannerkorpi	Team Donna Agile	05:44:11			03:04:22	00:01:55	01:56:30
7	348	Martina Viskari	HelTri	05:53:10	00:35:56	00:04:26	03:19:18	00:02:02	01:51:26
8	335	Jenni Eriksson	HelTri	06:00:01	00:36:58	00:04:44	03:17:07	00:03:47	01:57:23
9	339	Elina Lammela	Turun urheiluliitto triathlon	06:00:19	00:44:03	00:03:52	03:12:21	00:02:33	01:57:28
10	344	Noora Rajamäki	Kemijärvi	06:45:28	00:45:53	00:05:39	03:41:09	00:03:24	02:09:22
11	343	Linda Rajamäki	Helsinki	07:05:46	00:38:13	00:05:39	03:43:49	00:05:55	02:32:09
12	336	Suvi Fonselius	Super-Akatemia	07:39:38	00:44:27	00:07:36	03:58:22	00:04:33	02:44:39

# Finntriathlon Tahko

## Puolimatka Category Results

### Male 30-34

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
1	92	Kimmo Kananen	Helsinki	04:38:32	00:36:20	00:03:22	02:20:27	00:02:18	01:36:03
2	80	Timo Ansamaa	HyPy Triathlon	04:38:38	00:34:17	00:02:19	02:25:54	00:01:31	01:34:36
3	124	Jaakko Rantala	Helsinki Triathlon	04:50:09	00:31:13	00:02:29	02:36:09	00:01:47	01:38:29
4	131	Perttu Taulu	Porin Tarmo	04:53:55	00:33:05	00:02:34	02:34:19	00:02:08	01:41:49
5	104	Antti Laaksonen	Kouvola	04:55:17	00:34:15	00:02:46	02:31:22	00:01:26	01:45:26
6	117	Selim Palin	Stamina TC / Head Amba	04:55:31			02:33:12	00:02:04	01:47:14
7	128	Janne Sorvari	Kalajoki	05:01:23			02:36:49	00:01:58	01:43:50
8	132	Teemu Toura	Kouvola	05:01:30	00:35:47	00:03:08	02:37:05	00:02:01	01:43:27
9	125	Juha-Pekka Rantanen	Järvenpää	05:02:32	00:38:09	00:03:45	02:35:36	00:01:52	01:43:09
10	102	Antti Kutila	Arctic Triathlon	05:04:38	00:36:00	00:03:05	02:37:40	00:01:47	01:46:05
11	79	Juho Annala	Juho Annala Fitness	05:05:12	00:34:59	00:02:52	02:38:30	00:02:16	01:46:34
12	134	Juha Vingisaar	Itella Posti oy	05:08:05	00:32:37	00:04:33	02:43:07	00:02:22	01:45:24
13	87	Petri Hietala	Vantaa	05:08:17	00:33:23	00:04:16	02:41:57	00:02:45	01:45:53
14	101	Väinö Kurkaa	Lidl	05:10:27	00:34:19	00:04:32	02:54:28	00:02:28	01:34:37
15	112	Petteri Miettinen	SN4Mobile	05:11:37	00:34:12	00:03:26	02:42:56	00:03:14	01:47:46
16	91	markus kaikkonen	Tiathlon club heinola	05:14:06	00:30:16	00:02:10	02:37:05	00:01:03	02:03:30
17	98	Sebastian Knight	Team Pacman	05:14:32	00:37:58	00:03:50	02:45:48	00:01:59	01:44:55
18	116	Artturi Niittynen	Turun Urheiluliitto	05:15:15	00:35:49	00:03:30	02:48:02	00:01:46	01:46:07
19	133	Ville Vesterinen	Grey Area	05:19:40	00:39:06	00:03:38	02:44:48	00:02:15	01:49:50
20	114	Matti Moisio	Atmospiiri	05:22:54	00:41:02	00:03:48	02:56:55	00:01:21	01:39:46
21	90	Jukka Illi	Helsinki	05:24:02	00:36:05	00:04:49	02:54:46	00:01:58	01:46:22
22	107	Antti Lehtonen	Vantaa	05:24:23	00:39:20	00:03:41	02:45:53	00:02:04	01:53:23
23	99	Jarkko Koivunen	Helsinki Triathlon	05:24:26	00:33:43	00:03:41	02:47:50	00:03:18	01:55:52
24	85	Jorma Heikkilä	Tampere	05:25:37	00:41:42	00:03:45	02:49:36	00:02:03	01:48:30
25	93	Heikki Kiiski	Tampere	05:26:37	00:36:18	00:06:53	02:54:51	00:02:17	01:46:16
26	88	Ville Hopponen	Mäntsälä	05:31:16	00:32:51	00:08:01	02:55:34	00:03:32	01:51:18
27	100	Jarmo Kokkola	Tampere	05:31:52	00:35:41	00:03:17	02:49:27	00:02:28	02:00:57
28	94	Sebastian Kindstedt	Team Therminator	05:34:49	00:33:28	00:04:02	02:58:32	00:02:55	01:55:51
29	105	Matti Laine	Helsinki	05:36:49	00:36:07	00:06:05	02:57:12	00:04:31	01:52:53
30	106	Raimo Lamminen	Turku	05:38:17	00:38:27	00:05:54	02:54:59	00:03:06	01:55:49
31	109	Simo Manninen	Ikirouta	05:38:41	00:29:24	00:03:53	02:54:44	00:03:05	02:07:33
32	111	Kari Mattila	Sea Golf Rönns	05:39:05	00:44:54	00:04:40	02:52:28	00:02:08	01:54:53
33	121	Niki Piispa	Vantaa	05:39:46	00:36:42	00:07:11	02:58:19	00:03:11	01:54:21
34	123	Valtteri Raiski	Tampere	05:39:53			02:57:38	00:03:19	01:56:33
35	129	Markus Suomalainen	Tampere	05:41:56	00:41:31	00:05:03	02:52:50	00:03:03	01:59:28
36	81	Mikael Bärlund	Helsinki	05:46:48	00:45:35	00:05:14	02:50:57	00:02:28	02:02:32
37	84	Mikko Hakola	Tampere	05:49:38	00:39:30	00:04:20	03:00:05	00:02:47	02:02:53
38	83	Aarne Haaranen	Oulu	05:58:49	00:46:06	00:06:47	02:58:03	00:03:50	02:04:01
39	110	Aki Mattila	Siivikkala	06:13:47			03:19:02	00:04:53	02:07:30
40	96	Jarkko Kivikoski	HelTri	06:20:51			03:03:05	00:03:02	02:28:29
41	120	Antti Petänen	Kempele	06:30:18	00:45:20	00:05:58	03:10:33	00:04:33	02:23:52
42	82	Sebastian Dannberg	HelTri/Liikutaan Hyvää	06:43:53	00:29:41	00:04:50	03:26:27	00:05:06	02:37:48
43	130	Juha Taskinen	Tuusula	06:45:42			03:18:27	00:05:03	02:35:39
44	126	Tuomas Rasila	Tuusula	07:41:15	00:54:04	00:08:23	03:45:33	00:03:26	02:49:47

### Female 30-34

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
-----	----	------	------	------	------	----	-------	----	-----

# Finntriathlon Tahko

## Puolimatka Category Results

### Female 30-34

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
1	359	Arja Lemmettylä	Helsinki Triathlon	05:08:08	00:34:51	00:03:27	02:42:37	00:01:50	01:45:21
2	351	Marianna Hietämäki	Velo&Oxygen	05:17:29	00:38:42	00:02:39	02:47:32	00:01:57	01:46:37
3	365	Anna-Stina Wiklund	HelTri	05:28:17	00:33:46	00:03:36	02:58:34	00:01:29	01:50:50
4	358	Kaisa Lehti	Training First Triathlon	05:39:49	00:36:22	00:03:28	03:02:37	00:01:48	01:55:33
5	364	Kaisa Paatsola	Helsinki Triathlon	05:40:07	00:34:58	00:03:37	02:54:50	00:02:20	02:04:19
6	357	Heli Kylmäniemi	TT226	05:41:40	00:38:24	00:03:29	02:51:26	00:02:17	02:06:02
7	349	Marika Dahl	Helsinki	05:49:17	00:44:54	00:04:21	03:03:40	00:03:12	01:53:09
8	354	Johanna Jaakkola	Turun Urheiluliitto	05:50:04	00:39:12	00:03:34	03:09:10	00:02:41	01:55:26
9	361	Piia Manninen	Head Ambassador	05:56:30	00:41:12	00:03:39	03:08:47	00:02:02	02:00:48
10	356	Maria Kouzmina	Helsinki	06:06:00	00:45:37	00:02:28	03:11:47	00:02:16	02:03:49
11	362	milla mustonen	Helsinki	06:06:13			03:13:48	00:03:35	02:10:01
12	353	Elina Ikonen	Tampere	06:14:50	00:35:20	00:03:41	03:10:05	00:03:02	02:22:40
13	350	Nuppu Hepo-oja	Vantaa	06:29:44	00:40:00	00:05:02	03:27:00	00:02:48	02:14:53

### Male 35-39

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
1	181	mikko ovaska	Töölö Sairaala Endurance	04:28:17	00:30:41	00:02:01	02:25:17	00:01:10	01:29:05
2	169	Hannu Manninen	Rovaniemi	04:40:04	00:31:32	00:04:03	02:32:24	00:01:55	01:30:07
3	161	Jarkko Laine	Bear Metal Endurance Te	04:43:45	00:36:29	00:02:32	02:23:36	00:01:13	01:39:53
4	186	Mikko Raatikainen	Espoo	04:46:56	00:37:06	00:03:30	02:27:48	00:01:51	01:36:39
5	153	Aki Keskinen	Imatran Urheilijat	04:48:51	00:28:05	00:03:28	02:30:37	00:01:47	01:44:52
6	156	Vesa Koskinen	Helsinki	04:49:00	00:33:50	00:03:02	02:37:15	00:01:57	01:32:55
7	190	Harri Sivonen	Helsinki Triathlon	04:49:18	00:28:20	00:02:52	02:28:23	00:01:51	01:47:50
8	178	Raimo Naskali	Tampereen Triathlon Klubi	04:55:30			02:34:51	00:01:29	01:44:06
9	195	Riku Stenros	PsBu	04:55:52	00:29:41	00:03:21	02:41:10	00:02:29	01:39:09
10	150	Juha Hööpakka	Seinäjäki	04:56:39			02:34:50	00:02:47	01:40:10
11	183	Mikko Pietiläinen	Oulu	04:57:25	00:34:06	00:03:38	02:36:29	00:02:15	01:40:55
12	194	Eero Soralahhti	Espoo	04:58:44	00:33:55	00:03:32	02:34:21	00:01:44	01:45:10
13	135	Teemu Auvinen	Jyväskylä	04:59:37			02:38:02	00:02:29	01:40:54
14	202	Janne Vanhala	Training First Triathlon	05:00:14	00:36:57	00:02:14	02:36:44	00:01:20	01:42:57
15	192	Mikko Skutnabb	Evitskog	05:00:27	00:32:27	00:03:47	02:34:12	00:02:16	01:47:43
16	180	Matti Oksanen	Mäntsälä	05:01:12			02:38:17	00:01:45	01:46:16
17	201	Guido van der Werve	Roofvogel	05:02:01	00:34:08	00:02:31	02:35:07	00:01:19	01:48:54
18	152	Mikael Katajainen	Training First Triathlon	05:02:04	00:31:29	00:02:59	02:37:20	00:01:43	01:48:30
19	179	Paavo Niemelä	Vantaa	05:02:52	00:34:36	00:03:58	02:41:57	00:01:43	01:40:36
20	207	Marko Väisänen	Tampere	05:06:12	00:31:21	00:02:59	02:44:17	00:01:59	01:45:34
21	170	Kari Manninen	Luumäen pojat	05:06:23	00:31:37	00:04:07	02:49:36	00:02:26	01:38:35
22	160	Jari Käpylä	Lohja	05:07:16	00:39:40	00:04:09	02:42:40	00:02:20	01:38:24
23	154	Tommi Korkka	X-tri Lahti	05:08:15	00:35:21	00:03:26	02:45:48	00:02:03	01:41:35
24	147	Karri Holopainen	Helsinki	05:11:14	00:41:49	00:03:10	02:42:47	00:02:03	01:41:22
25	173	Mark Mehtonen	Helsinki	05:11:57	00:29:12	00:04:43	02:49:28	00:02:24	01:46:08
26	142	Tuomas Haapala	Helsinki	05:12:20	00:36:57	00:04:15	02:46:58	00:02:49	01:41:20
27	204	Tomi Vuollet	Wasa Triathlon	05:15:03	00:34:58	00:03:21	02:44:28	00:01:44	01:50:31
28	175	Joni Mielikäinen	HyPy	05:21:24	00:36:08	00:03:40	02:37:38	00:02:17	02:01:38
29	140	Tommi Forss	Kellokoski	05:22:30	00:35:34	00:05:30	02:50:32	00:02:51	01:48:01
30	141	Petri Haakana	Helsinki	05:24:23	00:38:28	00:03:47	02:41:11	00:01:43	01:59:12

# Finntriathlon Tahko

## Puolimatka Category Results

### Male 35-39

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
31	146	Kimmo Holmström	Turun Urheiluliitto	05:24:49			02:36:43	00:02:29	02:11:28
32	158	Jukka Kähkönen	Myontec Oy	05:26:40	00:40:13	00:04:36	02:40:45	00:02:37	01:58:26
33	148	Hannu Hult	Triathlonteam 226	05:27:36	00:32:53	00:03:54	02:52:38	00:02:40	01:55:30
34	191	Juha Sjöblom	Triathlonteam 226	05:31:12	00:36:35	00:03:21	02:51:32	00:01:23	01:58:19
35	413	Jani Lehto	Helsinki Triathlon	05:34:05	00:33:43	00:03:20	02:46:28	00:02:04	02:08:29
36	208	Mikko Äijälä	Espoo	05:35:02	00:41:16	00:04:29	02:53:22	00:02:41	01:53:12
37	144	Teppo Halonen	Nurmijärvi	05:35:51	00:35:33	00:03:52	02:53:07	00:02:14	02:01:03
38	184	Juha Pihlajaniemi	Helsinki	05:36:30			02:53:57	00:02:13	01:59:38
39	185	Jani Pylkäs	Helsinki	05:36:46	00:40:53	00:03:40	02:55:49	00:01:48	01:54:35
40	145	Kai Hietala	Oulu Triathlon & Cycling	05:37:52	00:38:42	00:02:51	02:48:26	00:02:14	02:05:37
41	159	Sami Kähkönen	TriTrainers.fi	05:39:36	00:32:15	00:03:37	02:48:56	00:02:48	02:11:58
42	189	Markus Salo	Espoo	05:40:28	00:41:08	00:04:31	02:49:28	00:02:35	02:02:45
43	167	Kalle Louhimo	Tampere	05:47:19	00:42:41	00:03:58	03:05:24	00:02:13	01:53:01
44	199	Wille Wahlberg	Helsinki	05:47:58	00:45:58	00:05:11	02:56:48	00:03:44	01:56:15
45	171	Janne Markkanen	Jämsä	05:49:06	00:35:14	00:05:43	02:53:12	00:03:01	02:11:54
46	188	Junno Roine	Espoo	05:51:03	00:41:30	00:03:31	03:02:13	00:01:39	02:02:08
47	163	Timo Lehti	Sipoo	05:53:44	00:41:37	00:05:16	03:00:50	00:03:31	02:02:28
48	157	Juha Kuittinen	Tampere	05:56:33	00:43:03	00:07:29	03:07:16	00:02:49	01:55:55
49	162	Jussi Laurikainen	Cycleurope Finland Oy	06:00:10			02:54:23	00:03:30	02:12:02
50	196	Sebastian Ström	Onnen.fi	06:01:21	00:32:46	00:04:36	03:06:20	00:03:01	02:14:36
51	137	Lasse Eloranta	Meron Kukot	06:02:32	00:39:43	00:03:49	03:06:44	00:02:56	02:09:19
52	165	Mikko Leppilampi	Hotelli UKKO	06:05:29	00:39:53	00:05:49	03:17:17	00:03:28	01:59:00
53	203	Eric von Walzel	Helsinki	06:06:14	00:39:25	00:04:42	03:13:36	00:03:08	02:05:20
54	412	Juha Heinänen		06:11:34	00:39:15	00:07:43	03:10:20	00:05:32	02:08:42
55	151	Mikko Iivanainen	BS-PU	06:27:32	00:41:12	00:06:53	03:18:26	00:03:37	02:17:23
56	198	Ville Wahlbeck	Espoo	06:34:00	00:41:32	00:09:17	03:25:23	00:02:57	02:14:51
57	206	Timo Vuorisalo	Triathlonteam 226	06:39:00	00:37:57	00:06:50	03:05:24	00:04:15	02:44:32
58	193	Lars Sonck	Helsinki	06:43:40	00:45:39	00:06:26	03:27:03	00:05:39	02:18:51
59	136	Pontus Backlund	Translink Corporate Finai	06:46:59	00:39:34	00:06:44	03:30:00	00:03:42	02:26:57
60	411	Marko Lopenen		06:50:11	00:40:40	00:09:44	03:27:16	00:05:34	02:26:55

### Female 35-39

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
1	366	Anna Alakuijala	Team Donna Agile	05:12:13	00:34:32	00:02:52	02:43:26	00:02:11	01:49:10
2	377	Henna Piha	Helsinki Triathlon	05:13:25	00:36:59	00:03:02	02:40:41	00:02:05	01:50:36
3	368	Majju Grönvall	Triathlon Team Kotka	05:15:42	00:38:42	00:02:55	02:47:24	00:01:46	01:44:54
4	369	Henna-Riikka Huhta	Helsinki Triathlon	05:19:07			02:45:22	00:02:16	01:48:17
5	367	Niina Gråsten	TT AquaTerra	05:20:59	00:35:30	00:03:18	02:53:24	00:03:11	01:45:33
6	379	Saara Pokela	Team Donna Agile	05:21:34	00:37:08	00:02:54	02:46:17	00:02:10	01:53:03
7	371	Sanna Kolkka	Liikutaan hyvää	05:30:14	00:41:15	00:04:40	02:54:57	00:02:14	01:47:06
8	376	Viivi Pentikäinen	Helsinki	05:45:12	00:38:27	00:03:19	02:56:46	00:02:31	02:04:07
9	378	Heta Pohjavirta	Keuruu	06:00:12	00:36:00	00:03:48	03:09:39	00:02:53	02:07:51
10	380	Minna Pylkäs	Helsinki Triathlon	06:02:21	00:44:16	00:03:14	03:15:58	00:02:02	01:56:49
11	381	Maarit Ruhanen	Team Groteski, Mikkeli	06:04:42	00:43:33	00:06:00	03:14:05	00:02:38	01:58:24
12	374	Minttu Mustonen	Helsinki Triathlon	06:16:23	00:39:34	00:03:35	03:05:44	00:03:01	02:24:28
13	382	Anu Räisänen	Team Donna Agile	06:21:04	00:45:09	00:02:38	03:15:33	00:01:36	02:16:07
14	383	Elisa Tuomisto	Tampere	06:25:55	00:39:02	00:03:47	03:27:26	00:02:44	02:12:54

# Finntriathlon Tahko

## Puolimatka Category Results

### Female 35-39

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
-----	----	------	------	------	------	----	-------	----	-----

### Male 40-44

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
1	235	Timo Metsälä	Reaktor	04:45:38	00:32:44	00:05:07	02:26:56	00:02:11	01:38:37
2	220	Timo Hokkanen	Triathlon Team Kotka	04:48:58	00:34:01	00:03:07	02:30:10	00:01:31	01:40:07
3	239	Tarmo Pellikka	HelTri	04:50:29	00:37:06	00:02:46	02:35:58	00:01:40	01:32:56
4	217	Jukka Erkkilä	X-tri Lahti	04:51:38	00:34:46	00:03:14	02:38:37	00:01:39	01:33:21
5	246	Mika Savolainen	Helsinki Triathlon	04:59:10	00:30:54	00:03:32	02:41:23	00:01:53	01:41:27
6	216	Marko Enberg	Helsinki Triathlon	05:00:23	00:30:38	00:04:13	02:40:53	00:02:32	01:42:05
7	245	Anssi Saarinen	Jämsänkoski	05:00:42			02:37:35	00:01:45	01:47:40
8	232	Tero Lausala	VHS	05:10:25	00:32:36	00:04:25	02:51:22	00:02:02	01:39:58
9	254	Rauno Tiukkanen	Kestävyysurheilukoulu EI	05:11:46	00:31:51	00:03:31	02:45:37	00:02:05	01:48:40
10	241	Jari Peltonen	OTC	05:12:27	00:41:26	00:03:37	02:45:07	00:01:52	01:40:24
11	266	Carl-Johan Åkerblom	Team Terminator	05:14:19	00:31:43	00:03:15	02:34:20	00:02:16	02:02:44
12	242	Pekka Pesonen	Training First	05:17:00			02:43:56	00:01:34	01:53:20
13	244	Pasi Ropponen	Espoo	05:17:21	00:35:29	00:04:35	02:44:15	00:02:18	01:50:43
14	219	Antti Heino	Ylästön Saunaseura	05:18:19	00:35:59	00:03:22	02:46:15	00:01:10	01:51:31
15	238	Mika Parviainen	X-tri Lahti	05:18:43	00:33:13	00:04:01	02:37:25	00:03:51	02:00:11
16	262	Marko Virtanen	Triathlon Team Kotka	05:21:59	00:33:38	00:03:50	02:43:19	00:02:23	01:58:46
17	253	Tomi Timonen	Training First Triathlon	05:22:51			02:38:13	00:02:05	02:03:49
18	243	Mikko Remsu	Haukiputaan heitto	05:23:06			02:50:08	00:02:26	01:47:48
19	251	Mika Taberman	Helsinki Triathlon	05:23:52	00:27:58	00:04:45	02:44:18	00:02:25	02:04:24
20	231	Timo Lappi	Mandala Travel	05:24:55	00:47:41	00:04:45	02:45:34	00:02:38	01:44:15
21	222	Tero Illi	Beckhoff Automation Oy	05:26:13	00:44:01	00:04:59	02:45:05	00:03:33	01:48:32
22	248	Pekka Snellman	Smiling Snake Tri Team	05:27:28	00:35:03	00:03:39	02:49:28	00:02:26	01:56:49
23	234	patrik lindblom	Espoo	05:28:28	00:35:04	00:05:28	02:48:30	00:02:59	01:56:26
24	230	Kalle Kotiranta	Voita itsesi -team	05:29:28	00:41:15	00:04:14	02:29:45	00:03:44	02:10:28
25	1	Sami Laine	Porkkalan Polkijat	05:34:43	00:33:53	00:02:15	03:02:06	00:01:43	01:54:43
26	250	Tomi Suonpää	Helsinki	05:35:42	00:33:36	00:03:40	02:44:01	00:01:41	02:12:41
27	218	Kari Heininen	Nxy	05:37:11	00:37:07	00:03:05	02:53:11	00:02:39	02:01:07
28	259	Jari Vesanen	HelTri	05:37:51	00:33:28	00:05:16	02:58:50	00:02:38	01:57:37
29	240	Harri Peltomaa	Kauhajoki	05:39:27			02:52:05	00:02:37	02:00:00
30	265	Harri Välimaa	Helsinki	05:44:04	00:40:48	00:03:44	02:56:57	00:02:22	02:00:12
31	212	Tomi Cederqvist	Hyvinkää	05:45:12	00:34:47	00:04:45	02:57:45	00:03:10	02:04:43
32	255	Tomi Tuominen	Lohja	05:45:25	00:40:46	00:04:49	02:58:32	00:02:08	01:59:08
33	249	Markku Suomela	Kangasala	05:46:12	00:34:06	00:05:26	02:58:46	00:03:08	02:04:45
34	236	Jukka-Pekka Mikkonen	Jyväskylä	05:46:55	00:35:11	00:05:52	03:07:13	00:03:27	01:55:12
35	225	Jarkko Kemppainen	Oulu Triathlon & Cycling	05:51:10	00:39:52	00:04:47	02:44:12	00:02:54	02:19:23
36	260	Jussi Vesanko	Promeco Group Kankaan	05:58:59	00:40:41	00:05:32	02:53:18	00:06:13	02:13:12
37	221	Jan Holmberg	Helsingfors	05:59:01	00:37:02	00:08:12	03:07:39	00:03:26	02:02:39
38	213	Casimir Ehrnrooth	Team Terminator	06:03:24	00:42:01	00:03:49	02:51:52	00:03:32	02:22:08
39	247	Olli Sirkka	Espoo	06:07:56	00:40:16	00:05:28	02:59:37	00:03:27	02:19:06
40	263	Pasi Virtanen	Espoo	06:11:15			03:14:09	00:03:13	02:02:41
41	211	Klaus Bernzen	Guetersloh	06:15:15	00:42:40	00:05:17	02:47:01	00:03:09	02:37:07
42	3	Timo Hansio	Espoo	06:18:26			03:12:48	00:03:44	02:16:38
43	261	Petri Virjo	Team SUP	06:22:31			02:54:32	00:03:45	02:39:02

# Finntriathlon Tahko

## Puolimatka Category Results

### Male 40-44

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
44	224	Ari Karvonen	Reckless Race	06:25:33	00:41:21	00:05:57	02:58:42	00:02:27	02:37:04
45	256	Aki Tuononen	Promeco	06:25:42	00:48:33	00:04:14	03:03:41	00:03:06	02:26:06
46	229	Jari Kortelainen	Hattula	06:48:37	00:44:47	00:05:25	03:19:14	00:02:27	02:36:42
47	227	Sami Kiviniemi	Rovaniemi	07:25:22	00:58:23	00:07:02	03:14:19	00:06:17	02:59:20

### Female 40-44

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
1	384	Pia Cajan	Turun Urheiluliitto	05:23:04			02:49:59	00:02:39	01:58:10
2	389	Minna Nurvo	Simmis Wanda	05:29:32	00:36:01	00:03:28	02:55:20	00:02:18	01:52:24
3	391	Lissu Vanninen	Triathlon Vantaa	05:34:32	00:39:06	00:04:16	02:54:18	00:02:07	01:54:44
4	385	Imke Höfling	KUTU Triathlon	05:39:28	00:28:23	00:03:18	03:06:53	00:02:33	01:58:18
5	388	Katariina Laakkonen	BMX Helsinki	05:56:58	00:33:00	00:03:47	02:54:06	00:02:54	02:23:10
6	387	Ilona Köckritz-Perkiö	Training First	05:57:17	00:44:35	00:03:19	03:09:26	00:02:28	01:57:27
7	390	Jaana Sjöblom	Triathlonteam 226	05:58:10	00:36:38	00:03:34	03:02:52	00:02:32	02:12:32

### Male 45-49

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
1	297	Pasi Pentikäinen	Helsinki Triathlon	04:38:05	00:31:40	00:03:05	02:23:11	00:01:37	01:38:30
2	307	Claus von Bonsdorff	Ascot, UK	04:41:06	00:36:38	00:03:02	02:29:57	00:01:34	01:29:52
3	294	Matti Nurvo	Simmis Wanda	04:45:53	00:33:07	00:02:27	02:39:22	00:01:09	01:29:46
4	301	Matti Ropponen	Espoo	04:46:09			02:37:36	00:02:15	01:34:36
5	283	Marko Lampela	Aqua Plus Triathlon	04:51:23	00:31:28	00:03:23	02:36:22	00:01:32	01:38:36
6	293	Ari Numminen	SKF	04:55:23	00:34:55	00:02:44	02:38:10	00:01:23	01:38:10
7	291	Petteri Naulapää	Helsinki Triathlon	05:02:25	00:36:07	00:03:16	02:43:43	00:01:19	01:37:59
8	273	Jukka Himanka	Kalajoen Junkkarit	05:03:53			02:43:31	00:02:06	01:40:16
9	292	Erik Nieminen	Liperin Lenkki / Jyväskylä	05:06:59	00:33:44	00:04:09	02:37:34	00:02:24	01:49:06
10	267	Riku Aaltonen	Liikutaan hyvää	05:07:39	00:35:20	00:03:45	02:41:19	00:03:28	01:43:44
11	272	Jarmo Himanka	HyPyTri Team	05:07:50	00:33:25	00:03:18	02:47:03	00:01:25	01:42:36
12	296	Vesa Olli	Triatlon Team Kotka	05:09:10	00:31:53	00:04:08	02:41:54	00:02:20	01:48:53
13	271	Mikko Heimonen	KUTU Triathlon	05:09:51	00:40:12	00:03:43	02:36:45	00:01:58	01:47:11
14	285	Kari Leppänen	Kouvola	05:16:20	00:34:08	00:03:29	02:39:21	00:01:26	01:57:53
15	279	Timo Kontio	TriDir	05:20:32	00:31:42	00:03:23	02:44:48	00:02:27	01:58:09
16	305	Kalle Toivonen	Helsinki Triathlon	05:24:09	00:35:30	00:03:05	02:44:20	00:01:45	01:59:28
17	306	Pekka Viita	Team Active	05:32:59	00:34:52	00:03:09	03:00:11	00:01:58	01:52:48
18	284	Pekka Lehti	Liikutaan hyvää	05:33:01	00:36:15	00:04:34	02:46:55	00:03:00	02:02:14
19	282	Marko Kvist	ETA	05:34:06	00:33:48	00:03:16	02:51:29	00:01:47	02:03:43
20	289	Mikko Mäkelä	Training First Triathlon	05:38:51	00:42:00	00:04:07	02:55:50	00:02:24	01:54:28
21	290	Marco Mäkinen	Helsinki	05:45:02			02:54:29	00:02:14	02:04:39
22	287	Wisa Majamaa	Pakila Poursuivants	05:49:53	00:36:01	00:03:42	03:02:52	00:03:20	02:03:56
23	280	Marko Koponen	Helsinki	05:52:00	00:38:13	00:04:45	03:00:10	00:03:04	02:05:45
24	276	Kari Hyytiäinen	Hyvinkään Pyöräilijät	05:54:23	00:39:59	00:04:25	02:54:39	00:02:39	02:12:40
25	288	Ari Mäkelä	Espoo	05:57:12	00:40:13	00:03:11	02:56:31	00:03:28	02:13:48
25	295	Tero Ojanperä	Rössypottuseura	05:57:12	00:41:12	00:04:03	03:01:06	00:01:38	02:09:11
27	286	Jan Lyden	Team NB	06:03:46	00:51:51	00:04:18	03:02:39	00:02:36	02:02:20
28	277	Kalle Härkki	Espoo	06:05:03	00:36:35	00:04:19	03:08:29	00:02:19	02:13:19
29	308	Jari Vuorijärvi	Varustenikkarit	06:09:13	00:39:36	00:03:50	02:59:48	00:02:50	02:23:06

# Finntriathlon Tahko

## Puolimatka Category Results

### Male 45-49

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
30	269	Simo-Pekka Ala-Rämi	Helsinki	06:25:42	00:51:31	00:05:52	03:08:41	00:02:31	02:17:05
31	274	niclas hultholm	korsnäs	06:27:11	00:49:19	00:08:47	03:11:31	00:05:04	02:12:28
32	300	Marko Rautavirta	Lievestuore	06:28:54	00:50:07	00:06:59	03:08:35	00:06:53	02:16:17
33	303	Marko Somero	Helsinki	07:32:44	00:54:34	00:05:49	03:17:25	00:05:30	03:09:25

### Female 45-49

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
1	398	Sari Puumala	Stamina TC / Head Amba	05:12:36	00:30:19	00:02:38	02:44:01	00:01:20	01:54:16
2	395	Janita Kallioinen	KUTU Triathlon	05:16:16	00:38:05	00:03:14	02:48:32	00:02:09	01:44:14
3	393	Pia Ahti	Helsinki Triathlon	05:36:46	00:33:05	00:03:58	02:57:09	00:02:10	02:00:21
4	396	Barbara Lybeck	Liikutaan hyvää	05:41:46	00:36:15	00:05:02	02:59:33	00:02:34	01:58:21
5	397	Kristiina Mäkelä	Espoo	06:36:14	00:38:34	00:03:41	03:26:35	00:02:38	02:24:45

### Male 50-54

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
1	312	Matti Hurula	TT AquaTerra	04:44:31	00:27:47	00:02:33	02:27:47	00:01:49	01:44:33
2	329	Markku Viitala	Aqua Plus Triathlon	04:45:43	00:28:26	00:02:43	02:34:58	00:01:31	01:38:03
3	325	Hannu Osanen	Helsinki Triathlon	04:59:05	00:33:22	00:03:31	02:32:59	00:02:11	01:47:00
4	320	Petri Litmanen	Tampereen Juoksijat	05:09:31	00:35:26	00:02:58	02:46:44	00:02:29	01:41:51
5	326	Timo Pennanen	Triathlon Team Aquaterra	05:19:19	00:35:54	00:03:39	02:46:29	00:02:49	01:50:25
6	310	Juha-Pekka Halmeenmäki	Orton	05:27:47	00:31:27	00:03:05	02:50:59	00:03:15	01:58:59
7	313	Tom Högström	Myrskylä	05:34:18	00:42:41	00:04:39	02:59:10	00:03:31	01:44:14
8	322	Pekka Muukkonen	Helsinki	05:38:35	00:30:34	00:04:09	02:50:20	00:03:05	02:10:25
9	324	Kari Nieminen	Animo et Fide Medical	05:38:46	00:39:32	00:04:36	02:49:11	00:01:51	02:03:36
10	309	Timo Espo	Helsinki	05:38:57	00:43:39	00:07:53	03:04:03	00:03:07	01:40:13
11	317	Hannu Kytölä	ETA	05:39:56	00:40:30	00:04:58	02:59:08	00:02:35	01:52:44
12	319	Robin Lindahl	Helsinki	05:41:56			02:55:23	00:03:36	02:10:00
13	323	Harri Myllärinen	HelTri	05:42:54	00:37:04	00:05:20	02:47:35	00:03:00	02:09:54
14	316	Pekka Kuusela	Meido-kan Espoo Ry	05:47:23	00:40:07	00:05:50	02:59:33	00:03:10	01:58:41
15	327	Petteri Teperi	Riihimäki	05:56:25	00:39:31	00:06:52	03:02:21	00:03:26	02:04:12
16	314	Pertti Korhonen	Outotec	06:07:52	00:39:49	00:05:39	03:08:12	00:03:27	02:10:44
17	311	Kari Helakallio	Helsinki	06:13:32	00:35:46	00:04:53	03:17:54	00:04:38	02:10:20
18	321	Mikko Luikka	Pölkky Oy	06:23:33	00:46:28	00:04:15	03:22:54	00:03:14	02:06:40
19	401	Oula Maijala	Nuolipojat	06:24:05	00:40:21	00:05:20	03:11:07	00:04:19	02:22:57
20	328	Raimo Tähkä	Rajamäki	06:24:30	00:36:47	00:04:44	03:14:30	00:03:37	02:24:50
21	318	Juha Känkänen	Vantaa	06:32:10				00:02:50	02:14:43
22	315	Mika Kottila	Klaukkala	07:13:12	00:51:50	00:07:12	03:41:15	00:04:13	02:28:39

### Female 50-54

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
1	400	Jaana Leminen-Lahdenperä	Arctic Triathlon	05:31:19	00:38:23	00:04:36	02:56:01	00:02:15	01:50:03
2	399	Hille Korhonen	Espoo	06:41:58	00:45:02	00:05:19	03:35:07	00:02:54	02:13:35



# Finntriathlon Tahko

## Puolimatka Category Results

### Male 55-59

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
1	330	Esa Ojala	Stamina TC	05:08:14	00:30:35	00:03:40	02:42:42	00:01:50	01:49:25
2	331	Markku Rautanen	Hämeenlinna	06:04:30	00:39:44				02:13:10
3	333	Pertti Saarinen	Millog Oy	06:42:30	00:45:16	00:08:35	03:22:26	00:04:43	02:21:28
4	332	Juha Räihä	PRP-Plastic Oy	07:55:13	00:51:59	00:06:31	03:54:13	00:06:40	02:55:49

### Mixed Joukkueviesti

Pos	No	Name	Club	Time	Swim	T1	Cycle	T2	Run
1	407	Team Martikainen (Terhi M.,		04:24:31	00:29:40	00:01:23	02:10:03	00:00:55	01:42:28
2	404	Triathlon Team Kotka (Heidi Triathlon Team Kotka		05:20:28	00:36:47	00:01:33	02:45:34	00:00:58	01:55:34
3	405	Älytön, Kyvytön Ja Mahoton		05:22:05	00:37:37	00:01:36	02:43:24	00:01:06	01:58:20
4	403	Onnen.fi (Kristian Sohlberg) Onnen.fi		05:25:35	00:32:56	00:01:32	02:53:08	00:01:19	01:56:38
5	406	Nuottakallio Rc (Tiina Ojanp Nuottakallio RC		05:32:09	00:34:41	00:02:51	03:04:29	00:01:13	01:48:52
6	408	Team Petkotkot (Merja Pette		05:35:38	01:00:49	00:02:32	02:35:45	00:01:14	01:55:16
7	409	Dnf (Antti Piha, Antti Piha, -)		06:21:12	00:45:35	00:08:10	03:25:54	00:02:03	01:59:27